Celebrating Holy Week at Home - with children -

Email Sharon at <u>sharonu@saintbopny.org</u> to comment, share your experience, or make suggestions for what you'd like to see.

HOLY WEDNESDAY - April 8, 2020

Wednesday of Holy Week is known as Spy Wednesday. The name comes from the Bible passage read in church on this day, which explains the role that Judas Iscariot played in bringing about Jesus' death. Judas accepted 30 pieces of silver from the High Priests and betrayed Jesus. Spy Wednesday marks the last full day of Lent. The Triduum begins on the evening of the following day, Holy Thursday, and continues through Easter Sunday.

Pray with this prayer.

Prepare <u>Easter eggs</u> for a COVID-19 friendly egg hunt. Color <u>Easter eggs</u> or a <u>Cross</u> and hang it on the wall.

Make a resurrection craft.

As a family, discuss your plans for the Triduum. Assign responsibilities to each family member.

HOLY THURSDAY - April 9, 2020

Watch this video.

Pray with this guided meditation.

Have fun with this craft.

Bake unleavened bread with this recipe.

Decorate a <u>family blessing cup</u>.

Dedicate your blessing cup with this prayer.

Share a special family meal.

End the meal with this song.

GOOD FRIDAY - April 10, 2020

Pray with this video.

Make a Stations of the Cross booklet.

Draw Stations of the Cross and hang on the wall.

Learn about Veneration of the Cross.

Listen to this <u>traditional song</u>.

From Noon to 3pm be silent, refrain from tv and electronics.

• It was now about noon, and darkness came over the whole land until three in the afternoon, for the sun stopped shining. And the curtain of the temple was torn in two. Jesus called out with a loud voice, 'Father, into your hands I commit my spirit.' When he had said this, he breathed his last. (Luke 23:44-46)

Create a sacred space with a crucifix and red cloth - venerate the cross as a family.

Participate in Antioch Life Teen Stations of the Cross on the parish <u>Facebook page</u> at 7:00 pm.

HOLY SATURDAY - April 11, 2020

Read this **Easter Vigil Reflection**.

Sing the Gloria.

Make a <u>butter lamb</u>.

Color and decorate Easter eggs with words/symbols of faith.

Make Easter resurrection cookies.

Make a <u>Paschal Candle</u> and light it at sundown.

Pray the Saint Bernadette Vigil on the parish <u>Facebook page</u> live at 8:12 pm.

Pray for Alyssa Stachowiak, who will receive the Sacraments of Initiation when we resume Mass.

Make a posters with the word ALLELUIA! on it with Easter symbols and display in a window.

EASTER SUNDAY - April 12, 2020

Watch this **Easter video**.

Use this <u>prayer service</u> with your family.

Play Easter trivia.

Play <u>Easter bingo</u>.

Have an Easter egg hunt.

Send an Easter greeting to family and friends via social media.

Prepare <u>Easter snacks</u>.

Pray the Easter Mass on the parish Facebook page live at 9 am.

Take pictures and journal about your family's celebration.

Plan how you will spread the joy of Easter throughout this 50-day season.

EASTER SEASON - April 13, 2020 through Pentecost

Read about the <u>season of Easter</u>.

Pray a novena - here's one specifically for Coronavirus.

Read the Liturgy of the Word from this <u>children's lectionary</u>.

Pray through these **Gospel reflections**.

Use these <u>5 ideas</u> to celebrate Easter.

Check out these ideas to <u>celebrate the whole Easter Season</u>. More ideas for a <u>variety of Easter activities</u>.

Pray the Mass on the parish <u>Facebook page</u> live at 7 am and 11:30 am daily (Saturday 5 pm, Sunday 9 am and 8:05 pm)

Share JOY (<u>Jesus first</u>, <u>O</u>thers second, <u>Y</u>ourself last) everyday.
Perhaps write a letter to or call/FaceTime someone different each

day. Pick a small way to serve your family everyday like doing the dishes or straightening up a room. Play games, tell stories, and enjoy time with one another.