



## HS Formation at Saint Bernadette

We believe that true formation of the person takes place through relationship.

In YDisciple small groups, teenagers looking to grow in their faith will be formed as disciples of Christ. Each YDisciple group is made up of 6-9 youth and 2 adult mentors. Groups will meet weekly as they discuss their way through different series on a variety of topics. Mentors and parents will work together to provide for the needs of teens and lead them deeper in their relationship with Christ and His Church.

## Eligibility

- Family is registered as parishioners at Saint Bernadette Catholic Church
- Teen is a freshman, sophomore, or junior in high school looking to enroll in faith formation (YDisciple is a pre-requisite for Confirmation prep)
- Participates in the sacramental life of the Church by attending weekly Mass and exhibits an active faith life and understanding of the Church.



# YEAR OVERVIEW



## FORMATION

Teens will be placed in a YDisciple small group that will meet weekly (although each group will ultimately be responsible for scheduling mtgs) and discuss study topics. Parents of group members will take turns being the "Lead Parent" for the night - they will provide snacks, arrive early and stay late to ensure that a mentor will never left be alone with a teen.



## SERVICE PROJECT

Students will be expected to complete a service project as a small group. Mentors will be provided with options, but teens are welcome to submit their own ideas, too.



## RETREAT

Teens are highly encouraged to attend the Antioch Life Teen Retreat.